

Wheel

November 2019 Vol. 45 Issue 11

Watergate at Landmark Unit Owners Association



Science Expo

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Down Memory Lane

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Want to Be on the Board?

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PRESIDENT'S UPDATE

By Gary Dahl, Board President

This month signifies the start of the holiday season. Veterans Day and Thanksgiving shape our personal calendars and activities, and we may visit and gather with family and friends. The Watergate at Landmark (WAL) community

will celebrate and honor our Veterans with an exciting program, evening meal and fellowship on the Sunday prior to Veterans Day. You may even have gatherings with loved ones here at WAL to enjoy a delicious turkey meal for Thanksgiving. These celebrations tend to create both traffic jams at the front gate and parking challenges, so please inform Gate Communications prior to your guest's arrival to expedite entry onto the property. This is also a great time to use your garage parking spaces if you have one, as it alleviates the challenges some have when attempting to find a general use parking space.

Approved Contracts

The Board of Directors recently approved nine contracts after they went through both the Budget Committee and the respective committee responsible for overseeing such areas. These contracts will keep our buildings and amenities available for use and help maintain the buildings and grounds. Here are a few contracts that I want to specifically emphasize to the community:

Elevator Machine Motor Replacement

Schindler Elevator Corporation will replace the original equipment installed during Building (Bldg.) 4's original construction as a part of a \$232,493 contract. Residents in Bldg. 4 will have one elevator out of service at a time while this work is in progress.

Trash Contract

Five trash companies were requested to bid on our trash removal services and three submitted bids. The Board selected American Disposal, the lowest bidder. This three-year contract is for \$423,999.84.

Each owner pays about \$9 per month for trash pickup. Increases are possible based on disposal rate increases imposed by the disposal facility. Weekly required tasks in-

clude five trash pickups in all the buildings and three pickups for bulk items.

Construction Documents for the Multi-Use Area

A contract for \$14,600 was awarded to Studio 39 to develop design plans that can be used as a part of a request for proposals and to determine the project costs.

Upper Terrace Stairwell Flood Prevention and Stairwell Renovation Project

WAL awarded a \$58,000 contract to EV Air Tight, the lowest bidder out of three companies who submitted proposals. This contract work will mitigate the water intrusion

Your Association needs more volunteers for the Budget Committee. Please submit your name to the Board of Directors should you desired to be appointed.

in the outside stairwell that leads from the Upper Terrace into the Bldg. 2 garage and the Community Center.

Committee Updates

The Board approved FY2020 membership for two bylaw-required committees, Budget and Covenants. The Association is fortunate to have volunteers to serve on these two important committees, and membership is restricted per our bylaws.

Six highly-qualified people applied to be a part of the Covenants Committee in September but the bylaws restrict membership to five owners. It was a tough decision for the Board to have to inform a willing volunteer that the maximum was reached for the Covenants Committee. Unfortunately, the Board-selected chairperson (Ray Foote) resigned from the committee in October. During the October Board Meeting, a new chairperson and another member to the committee will be appointed.

Our Budget Committee is currently under the bylaw limits, even though the Board appointed ten highly-qualified resident owners. Consider submitting your name to be appointed to the Budget Committee, as it is an opportunity for owners to contribute to the budget process.

Remember, we will not have a Board Meeting in November. So, have a great Thanksgiving and I'll see you in December!

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ON THE COVER: SPOOKY SCIENCE

What is going on here? WAL resident Marya Ghazi is just exploring the possibilities of science from last month's Spooky Mad Science Fair! Look on page 11 to see what you missed!



Photo: Lamya Shumaila



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PROCESS TO RUN FOR THE BOARD OF DIRECTORS

By Georges Jacques, Election Committee

The 43rd Annual Meeting of the Watergate at Landmark Condominium Unit Owners Association will be held on Monday, March 2, 2020. There are four positions on the Board of Directors to be filled at the 43rd Annual Meeting. At that meeting, four candidates with the highest percentage of votes will be elected to three-year terms on the Board of Directors. Any qualified resident may run for a position.

How Do I Become a Candidate?

Pick up and complete an official nominating petition from the Resident Services Office located in the Community Center. Petitions must include your name, building and unit number, phone number and your signature. Your petition must be en-

dorsed by at least 10 unit owners. We encourage you to obtain more signa-

of 25 percent of the owners for the election, a second election must be

Candidate petition packets will be available for pick up at the Resident Services Office after 12:30 p.m. on Wednesday, November 20.

tures in case some are proved to be invalid. Only one owner's signature per unit allowed.

scheduled. Each election costs the Association thousands of dollars.

Attach a signed autobiographical document and a campaign statement not to exceed 300 words for each document and file these papers with the Elections Committee by placing them in the designated box which will be located at the Resident Services Of-

43rd Annual Meeting Timeline

Wednesday, November 20, 2019

Candidate Petition packets will be available for pick-up at the Resident Services Office after 12:30 p.m.

Saturday, December 21, 2019

Deadline for filing nominating petitions for candidates for the Board of Directors is at Noon on this day. Candidates also will meet with the Elections Committee in the Association Office to validate all petitions and to determine each candidate's position on the ballot.

Tuesday, February 11, 2020

Candidates will meet with The League of Women Voters in Conference Room 1 at 7 p.m. A formal "Meet the Candidates" Town Hall will be held at 7:30 p.m. in the Terrace Lounge to provide an opportunity to hear all candidates present their views.

Monday, March 2, 2020

The Annual Meeting and Elections will be held in the Terrace Lounge/ Town Square.

I look forward to another wonderful election season!



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ice at a date determined by the Elections Committee.

Candidates will meet with the Elections Committee in the Association Office to validate all petitions. A drawing to determine each candidate's ballot position will be held at that time.

Keep in Mind

All interested resident owners are encouraged to run and to file petitions as early as possible. If the Association does not have the required quorum

RENOVATOR'S SHOWCASE 2019 WAS A HIT!

By Bob Lee, Watergate Lions Club Member and Board Member

This year's Watergate Lions Club-sponsored Renovators' Showcase was held on Saturday, October 19. Ten homes were open for residents to tour, and the feedback was uniformly positive and enthusiastic. The Club would like to thank those unit owners who went to considerable inconvenience to show their homes this year.

Although we don't yet have final numbers, it is believed that more than 200 residents participated in the tour of recently renovated homes and that roughly 140 people attended the reception that followed. More than \$2,000 was raised to fund charities like the Foundation Fighting Blindness, Diabetes Awareness, the Northern Virginia Youth Camp, and a host of others.

The winner of the "super" door prize, generously donated by Susan Day, was none other than the Secretary of the Association, Vivian Moran!

The Lions would like to thank a number of volunteers who are not members of the Club, but who consistently support club charitable activities, including Stephan Hornig, Frank



Attendees chat with contractors and mingle with guests at the reception following the Tour. Photo: Vivian Moran

Winters, Georges Jacques, Alan Davey, Pat Espinet, Kim Penland, and a number of other residents.

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C (1 BR, 1 BA) 986 SQFT	Bldg 3	Floor 10	\$215,000	No Garage
E (2 BR, 2 BA) 1098 SQFT	Bldg 4	Floor 18	\$239,900	One Garage
E (2 BR, 2 BA) 1098 SQFT	Bldg 4	Floor 17	\$250,300	No Garage
F (2 BR, 1.5 BA) 1211 SQFT	Bldg 4	Floor 9	\$247,500	No Garage
G (2 BR, 2 BA) 1309 SQFT	Bldg 1	Floor 12	\$265,000	One Garage
G (2 BR, 2 BA) 1309 SQFT	Bldg 1	Floor 11	\$320,000	No Garage
L (3 BR, 2 BA) 1835 SQFT	Bldg 4	Floor 15	\$375,000	One Garage

READY TO SELL OR RENT YOUR CONDO? Give us a call TODAY!

* Properties on the list have been listed and sold by various participants in the MLS. See our Watergate Updates (blue newsletter) for recent sales and listings at Watergate.



THERE'S A DROUGHT GOING ON?

OVERCOMING OUR COMMUNITY'S LANDSCAPE CHALLENGES

By Bob Lee, Board Liaison to the Landscape Committee

This past year has been a challenging one for the Landscape Committee.

Following nearly 18 months of unprecedented rainfall, the entire mid-Atlantic area entered into a severe and protracted drought beginning the first week of July of this year. From that time until October 10, barely an inch of rainfall was recorded at Reagan National Airport. Thankfully we received about four inches of rain since then, which helped to reduce the drought's effects.

Thus, the Landscape Committee confronted two very different and difficult sets of challenges, each with its own peculiar impacts on our community and landscape.

The torrential rains kept much of WAL looking deceptively green and lush. However, the sheer volume of water repeatedly flooded subterranean and ground-level common areas of the community to include garages, underground storage areas, party rooms and the Community

Center. Combined with extreme heat and humidity, it contributed to the growth of mold in a number of WAL units, imposing considerable hardship and expense on the Association and individual homeowners to remediate.

The rains also saturated the landscape to a degree that a number of lower-lying areas could no longer accommodate or purge the excess water. What resulted was an accumulation of water that remained in place for weeks and rotted out the root systems of a large number of trees, shrubs and other plants, including the vines that comprise the major part of the hedge at the front entrance to our property. Plants considered virtually indestructible,

such as English Ivy, succumbed to the relentless rain and water. So, too, did a number of magnificent, mature trees, some original to the property when it was developed in the mid-1970s. The preponderance of damage was concentrated in front of Building 1 along the fence line on Yoakum Parkway, but by no means limited to that area.

Recognizing that the committee needed to reconstitute the tree line at the front of the property, which by this time had been significantly degraded, it looked to varieties of trees that were more adaptable to a changing and wetter climate. Nothing seemed more obvious and appropriate than the "swamp white oak," which had a number of interesting virtues, including its absence from the existing inventory of

trees at Watergate at Landmark.

So, a decision was made to install a swamp white oak. Evidently, this act irritated the "rain gods," and from the moment of its installation until October 16, less than 0.25 inches of rain fell on

the swamp white oak. So much for thoughtful deliberation and decision-making.

Which sort of brings me to the second element of the committee's challenge this year, and that has to do with how do we manage and ameliorate the effects of what is now an extended drought. Cactus and tumbleweed, anyone?

The Landscape Committee meets the second Wednesday of each month at 11:00 AM in Meeting Room 2. If you have a passion for gardening and a love of landscape, we welcome your participation on the committee.



It's not easy keeping our landscape second to none during challenging weather, but your Association does its best to get the job done! Photo: Rashawnda Atkinson

STAFF UPDATES

By Rashawnda Atkinson



Your professionalism and creativity will be missed.

Watergate at Landmark wishes a few staff members good fortune as they begin new journeys.

Cheerio, Liz!

Activities Director and Racquet Club Manager Elizabeth Phipps, better known as “Liz,” has transitioned to a new position with Charles County, MD Government as the Senior Center Supervisor.

Her last day at WAL was October 22.

“I’ve grown so much during my time here. I even had *both* of my children while working at Watergate,” Liz shares.

ProFIT Management is actively recruiting a replacement. Nathan Tadesse will serve as the Interim Activities Director. We will announce when Liz’s replacement is hired.

Farewell, Jessica!

Jessica Cornejo, our Handyman Coordinator, has accepted a position in the mortgage industry in Woodbridge, VA and served in her role at WAL until October 29. Since 2017, Jessica coordinated the Association-offered repair services residents requested with the schedules of the Maintenance staff.



Thank you for your work as our Handyman Coordinator.

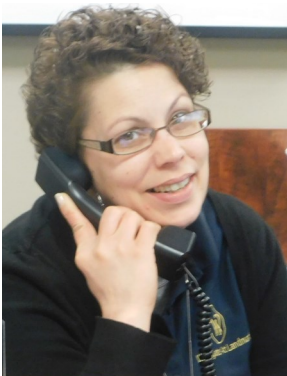
Photo: Jessica Cornejo

Jessica says, “I appreciate the relationships I’ve built while working here. It’s been a learning experience that will stay with me.

Congrats, Kat!

Resident Services Representative Kathy “Kat” Robinson’s final day at WAL will be on November 8. She will be the new Resident Relations Coordinator at a property in Oxon Hill, MD.

“I’ll really miss the residents’ love and support. It was a pleasure to serve them,” she says.



We’ll miss your smile!

Fleet Transportation Shuttle Bus Safety Reminders



Fleet Transportation Shuttle Drivers reported some passenger safety concerns. They would like to remind WAL riders:

- Remain seated while the shuttle bus is in motion.
- Secure all children riders with a seatbelt.
- Refrain from approaching the shuttle if the door is closed and the shuttle is in motion. Do not bang on the doors at any time.

Your cooperation is greatly appreciated in this matter.



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DOWN MEMORY LANE

THE “FLAME” PRESIDENT KENNEDY LIT

By Irene Miels

Accomplished journalist and lawyer Irene Miels shares her memories below regarding the 35th President’s tenure shaped her life along with happened 56 years ago on November 22, 1963—the day his untimely passing.

The scene in our den was undoubtedly like that of thousands across the Washington, DC area and nation. The grandparents were in town for Thanksgiving. My four children, home on vacation, clustered around their grandparents in front of the TV. Hugh, my husband, took a few days off from work as the Assistant Director for Legislation at the American Municipal Association. I was still a “homemaker”—not yet a returnee to journalism nor a novice in my second career as a lawyer. We were all together, therefore, when the shocking news came. Even the children, aged five to 11 at the time, understood the seriousness of the moment.

I don’t remember if we saw the assassination live or the TV reports that followed. I do remember how the tragedy dominated every waking moment of our lives for months. From time to time, I see “reruns” in my mind...the instant collapse of President Kennedy and the First Lady, climbing in desperation toward the rear of the open limousine.

Thankfully, I could reflect on a happier time.

I remember the “Camelot” aspects of his short Presidency in greater detail than the senseless act that took his life. By Washington standards at the time, Hugh and I were “young,” relative newcomers from the Midwest. Our toes were in the “power circles” but weren’t making heavy footprints that would leave lasting remarks. That would come later.

Influence in the power circles doesn’t always equal affluence in the early stages, so we had mixed feelings when we received an invitation to the Inaugural Ball. Although Hugh and I were invited, we did not have the attire for such an occasion. No formal gown, no tuxedo, no fur coat, no fabulous jewels. We wondered how we would ever afford to attend. We had mortgage payments for our recently-purchased townhouse. There were also the costs of raising four children.

Our neighbors, the Morgensteins, came to the rescue in part. Mrs. Morgenstein’s beautiful brown silk ribbon dress fit me perfectly, as did her fur shawl. The rental fees for



President and Mrs. Kennedy arrive at Love Field in Dallas on November 22, 1963. Photo: Cecil Stoughton. White House Photographs. John F. Kennedy Presidential Library and Museum, Boston.

Hugh’s tux were reasonable. We went in style to the pre-ball cocktail party given by Patrick Healy, Executive Director of the American Municipal Association at the time. With our good friends Will and Barbara Smith, we waded through the unusual snow storm which threatened to dampen the opening of “Camelot.” With them, we gawked when the President and First Lady arrived, looking as handsome, beautiful and glamorous as the pictures portrayed them. Will, Barbara, Hugh and I finished the evening in an all-night diner at 3 a.m., reflecting on the road that brought us all to Washington and the country that elected a President with such promise.

Hugh took the children to the Inauguration despite the inclement weather. They were too young, I suppose, to understand Kennedy’s admonition to “Ask not what your country can do for you but ask what you can do for your country.” This is something that Hugh and I took seriously and others did as well in his or her own way.

We went on to support key legislation from that time, which included the Civil Rights Act and anti-poverty programs. In some cases, we were able to leave our “footprints” of influence. Hugh went on to initiate or have a strong role in such legislation as Housing Acts and the first water and air pollution statutes. I had similar opportunities to work on legislation like the Air Carrier Access Act, the Americans with Disabilities Act and a statute to ensure the participation of women and minorities in concessions at airports.

I’m reminded of the eternal flame that burns on President Kennedy’s grave, but that is only one of the many “flames” he lit in those who heard his words.

Irene Miels, a long-time WAL resident and contributor to the Wheel, passed recently.

THE DISTANT BUGLE: LEST WE FORGET

By Harvey L. LaGasse Jr.

I heard the distant bugle,
it reached into my soul,
I knew that now my search was
through
For this would be my goal.

I took the faithful rifle
and joined my comrades true,
I swore an oath of service
to the many and the few.

I learned the fearful art of war
on land and in the sky,
and in my youth I faced the foe,
to fight, perhaps to die.

I flew the death-filled corridor,
I watched my comrades fall,
and I wondered, in that shell filled
sky
When I would get the call.

I joined my friend and comrade
and we walked in knee deep mud,

yet in a fear filled instant
his chest was marked with blood.

I heard the distant bugle,
it reached into my brain,
but unlike the first that I had heard
this brought me tears and pain.

As comrades gently lifted him
and I saw the ag'ny there,
I knew that God in Heaven
would hear my fervent prayer:

Accept my friend this day dear God,
receive him there with You,
for he gave his life this moment
for a world that never knew.

I heard the distant bugle,
and it brought me crushing pain,
for I knew that with the fading notes
that a part of me was slain.

I took his fallen rifle
and with a scream for hell
I drove it deep in mother earth
To mark the place he fell.

I raised my fist to Heaven
and screamed to God on high
Why do You take this soldier;
why do You let him die?

And it seemed that as I stood
there in the blood red sky of dawn
that the answer came from Heaven,
"Do you think your comrade's gone?"

He left your bloody battlefield,
where men are torn apart,
and as you scream in anger
he's in my sacred heart.

*Editor's Note: First published in the
May 1980 Wheel, please reflect on
this former resident's words as we
honor our military at WAL.*

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FROM ME TO YOU: WHAT'S NEW AT DAWN MARIE'S VISAGE

By Dawn De La Cruz

This past year has been one of excitement and great joy for me. Thank you, Jane, for bringing me back to WAL where I have always been and still feel welcome. I am once again among friends. I love what I do, the people I work with, and clients for whom I create.

I've made many changes to the look and services to the salon, and there are still more to come. For those who want to embrace their waves, curls and texture, we're offering Devacurl haircuts, color and transformation along with its product line. We'll also offer Lash Lifts that aim to lift the lashes and enhance your eyes!

Many of you already enjoy our pedi-

cure chair and services at Dawn Marie's Visage. You can get a gel manicure, dip nails, classic manicure, or indulge yourself with a Spa Mani/Pedi. Lek is an amazing nail technician who uses safe practices



The owner of Dawn Marie's Visage.
Photo: Dawn De La Cruz

for cleaning and sanitizing instruments used. Every implement is soaked in barbicide, placed in a UV Sanitizer and packaged in a sanitary-sealed envelope. Each client is serviced with a new sanitized pack. We not only sanitize for our nail services but also clean and sanitize all hair implements, shampoo bowls and chairs each day. You can feel secure at our salon knowing it's a safe place to relax and feel great!

Our next year promises to be as exciting as our first. We will offer classes for guests to learn the art of blow-drying, holiday hair and basic makeup application. Also, we will offer services catered to men. We'll go beyond our haircuts for this MEN-U!

Thank you to all our guests who come to Dawn Marie's Visage and I welcome the guests we have yet to meet!!

ROB BLITZER'S WATERGATE SALES REPORT*

*Information provided by MRIS and represents sales by all REALTORS®.









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Recent Watergate Sales							
ST#	FLOOR	MODEL	SQFT	SOLD PRICE	# GARAGE	BR/FB/HB	DATE SOLD
307	4th	E	1,098	\$252,000	0	2/2/0	09/04/19
203	11th	G	1,309	\$320,000	0	2/2/0	08/30/19
203	7th	G	1,309	\$295,000	0	2/2/0	09/09/19
205	12th	G	1,309	\$275,000	0	2/2/0	09/05/19
309	18th	G	1,309	\$274,900	0	2/2/0	09/04/19
309	8th	H	1,365	\$274,000	0	2/2/0	10/04/19
307	7th	J	1,621	\$335,000	0	3/2/0	09/16/19
309	15th	L	1,834	\$375,000	0	3/3/0	08/30/19

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Spooky Mad Science Expo



This year's Spooky Mad Science Expo hosted by WAL's Youth Committee and Science Club brought so many people together for a STEAM-filled afternoon of fright and fun! In addition to the many WAL residents who volunteered their time and talents at this event, a note of gratitude is extended to the following for hosting an activity:

*Air and Space Museum
Alexandria Sheriff's Office
American Chemical Society
Art, Technically
Gale Goldfarb
Institute for Defense Analyses*

*Kathy Wilson Foundation
Jan Doesselmann
Jenny Gutierrez and Seychelle Shamir
Mayor Justin Wilson, City of Alexandria
National Science Foundation
Naji Family
Patrick Henry Recreation Ctr.*

*RESET Nonprofit Organization
School Board Member Meagan Alderton
Tucker Elem. Principal Rene Paschal
U.S. Patent and Trade Office
Vice Mayor Elizabeth Bennett-Parker
William Ramsay Recreation Ctr.*



Photos: Zohreh Khoshnamak, Nawa Suleiman, Lamya Shumaila, Hooman Soleimani, Hayat Ahmadouch and Marya

ARTS AND ENTERTAINMENT UPCOMING SHUTTLE TRIPS

Shuttle trips depart at 9:30 a.m. from your building's lobby and return by 3 p.m. unless noted. You must cancel three business days in advance of the scheduled shuttle trip to receive a full refund. Activities Office Phone: 703-370-7092.

HISTORIC OCCOQUAN

Thursday, November 7
\$10 Shuttle • 10:30 a.m. Departure



Find your next keepsake or souvenir while walking through Historic Occoquan, featuring many one-of-a-kind shops. From a quick morning coffee and crepes to fine dining, we have a restaurant to suit your taste. Enjoy lunch on your own in the Occoquan area. **Please note this shuttle trip will depart at 10:30 a.m.**

TYSON'S CORNER 1 AND 2

Thursday, November 21
\$10 Shuttle; • 9:30 a.m. Departure



Shop 'til you drop at either Tysons 1 or 2 before the holiday season gets underway! Be sure to eat lunch at one of the many eateries located in the mall.

BOTANIC GARDENS HOLIDAY DISPLAY

Thursday, December 5
\$10 for Shuttle • 9:30 a.m. Departure

Join us as we celebrate the holidays and America's beautiful and diverse public gardens. Explore botanic gardens from Hawaii to Maine, view iconic garden scenes and take in displays of the nation's capital landmarks, all made from plants! There's so much more so register for this trip ASAP! Buy your own lunch at Bobby Van's Steak House.

GREENSTREET GARDENS AND PA DUTCH FARMER'S MARKET

Thursday, December 19
\$10 for Shuttle • 9:30 a.m. Departure



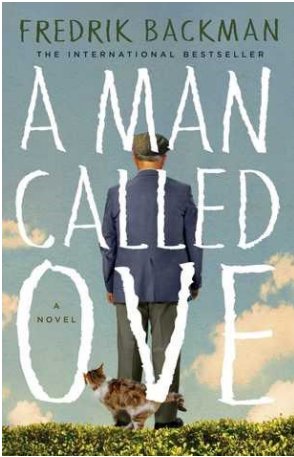
Take a tour of Greenstreet Growers Nursery and Gardens' collection of themed Christmas trees in Lothian, MD. You can learn how to make a themed tree of your own and buy some holiday plants to get you in the spirit of the season! After the tour at Greenstreet Growers, we will go to the PA Dutch Farmers Market in Annapolis, MD. Eat lunch at your expense while you're at the Dutch Farmers Market.

DEPARTMENT OF STATE RECEPTION ROOM

Thursday, February 20, 2020

The Department of State's Diplomatic Reception Rooms, used for official functions hosted by the Secretary of State and other high level government officials, are open for pre-arranged tours at no charge. These rooms hold a premier collection of 18th century American furniture, paintings and decorative arts. **To attend, register for this shuttle trip no later than December 1, 2019.**

WATERGATE AT LANDMARK EVENTS



EVENING BOOK CLUB: **A MAN CALLED OVE**

Thursday, November 7
Library • 7:30 p.m.

You're invited to chat with neighbors about this *New York Times* best seller novel by Swedish columnist, writer and blogger Fredrik Bachman.

This tale is about a recently-retired, grumpy-yet-lovable man whose love of solitude is turned upside down when a new family moves in next door to him. An accident and the event that follows impact the lives of all involved.

Don't forget that in December we'll have a Christmas get together. We'll start the new year off by discussing Neil Gaiman's *American Gods*.

FREE MOVIE: **MARY POPPINS RETURNS**

Thursday,
November 14
TV Room
2 and 7 p.m.
Rated PG - 13

The magic continues in this Disney classic as Mary Poppins helps the Banks family remember the joy of being a child. Together with her friend Jack the lamplighter, Mary Poppins brought back to the streets of London in a celebration that shows everything is possible... even the impossible.



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WATERGATE AT LANDMARK EVENTS

VETERANS DAY DINNER

Sunday, November 10
Terrace Lounge • 4 p.m. • Free to Attend



The Seniors Committee invites you to bring your family and friends for the fifth year as we honor our country's military, whether they are veterans, active duty, National Guard or reserves. We also want to honor the families of those who served in this country as they supported them.

The Seniors Committee will provide the meat for dinner. We invite attendees to bring a side dish or dessert to share. Please register the dish or dessert you will bring to the potluck with the Activities Office no later than Tuesday, November 5. Please register with the Activities Office ASAP since space is limited. Seating is first-come, first-served.

THE WATERGATE BAZAAR

Saturday, November 16
Terrace Lounge and Town Square • 11 a.m. to 2:30 p.m.
6 ft. Table: \$4 • 8 ft. Table: \$6



Calling all crafters and sellers! This year we're combining the best of the Flea Market and the Craft Fair to create one shopper's paradise. Find unique gifts and tantalizing trinkets at this year's Bazaar!

Reserve a table today at the Activities Office to sell all of your unwanted items!

BOOK EXCHANGE AND READING HOUR

Sunday, December 1
Terrace Lounge • 4 p.m. – 6 p.m.

Join the Youth Committee for its first ever book exchange! Bring down books that your kids have already read and swap those books with some from other children to bring home new-to-you books to read for free!

HOLIDAY PROGRAM

Wednesday, December 4
Terrace Lounge • 7 p.m.

Christmas tree lighting, holiday music, arrival of Santa Claus, surprise gifts for children, and free refreshments. Meet your neighbors, enjoy music and be part of this holiday celebration!



Parents are invited to bring their children to talk with Santa. This event is free, but we ask that each family attending donate cookies or a cake for the reception that will be held immediately following the program (no nuts, please). The Youth Committee will have activities for the kids to engage in while they wait their turn to visit Santa!

LOBBY TREE TRIMMING

Thursday, December 5
Lobbies of Buildings 1-4 • 7 p.m.

Get into the holiday spirit! Join your neighbors to decorate your lobby Christmas tree. Please bring cookies or another dessert to share, along with your holiday enthusiasm! Each building needs just one coordinator and many helpers (kind of like Santa and his elves). Please call the Activities Office at (703) 370-7092 to volunteer, or just come down and help with trimming!

GET THE CHAIRS OUT!

PROFIT'S NEWEST FITNESS CLASS TAKES THE COMMUNITY BY STORM



The class ends with everyone standing in a circle, holding hands. "Touch is so important," Lauretta shared with attendees.

Who knew you could have so much fun toning your body in your seat? Well the class instructor, Watergate's own Lauretta Baylor knows, and she'd love you to join her at Pro-FIT's newest fitness offering Chair Dance. She'll be in the Terrace Lounge on Tuesdays at 11 a.m.

Lauretta's engaging personality and encouraging words makes the session fly by. You'll learn new moves while

listening to songs ranging from Motown to Big Band, Rock and Roll to Disco, classic tunes and today's hits. She also takes time to modify moves so all can feel comfortable. You might not even mind breaking a sweat during the warm-up, cardio and cool down segments! Visit the Activities Office to sign up for future sessions.

~ Rashawnda Atkinson



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RACQUET CLUB NEWS

Racquet Club Hours

Mondays 3 – 9 p.m.
 Tuesdays 10 a.m. – Noon and 3 – 9 p.m.
 Wednesdays 3 – 9 p.m.
 Thursdays 3 – 9 p.m.
 Fridays 10 a.m. – 3 p.m.
 Saturdays 10 a.m. – 5 p.m.
 Sundays 10 a.m. – 5 p.m.

Join in weekly tennis socials at the Racquet Club! Please RSVP to the Racquet Club if you would like to join in and play. Are you a beginner tennis player and want a coordinated weekly tennis social? Let us know at the Racquet Club and we will get one organized!

Tennis Lessons

Group Type	Lesson Cost	Minimum No. of Enrollees
Youth Clinics	\$25/person	3
Adult Clinics	\$25/person	3
Cardio Clinic	\$25/person	3
Private Clinic	\$65/hour	1
Semi-Private	\$70/hour	2

Reservations

Reservations must be made by WAL residents and can be made up to one week in advance. Sorry, we cannot accept reservations by email. Please call the Racquet Club to make a reservation.

WAL Weekly Tennis Socials

Skill Level	Day and Time of Play	Fee
Intermediate	Wednesdays, 4 – 5 p.m.	Residents: \$2.50 Guests: \$9.50
	Thursdays, 7 – 8 p.m.	Residents: \$3 Guests: \$10
Advanced	Tuesdays, 10 a.m. – Noon	Residents: \$6 Guests: \$13
	Fridays, 10 a.m. – Noon	Residents: \$6 Guests: \$13

Pickleball Play

Everyone is invited to play Pickleball on Sundays from 2 – 4 p.m. and Wednesdays from 6 – 8 p.m. in the Racquet Club. Just drop in for \$4 a player. No experience needed!

Call the Racquet Club at 703-370-7047 to enroll today!

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- Criminal Defense
- Estate Planning
- Business & Corporate Law
- Employment Law
- Personal Injury
- Real Estate Law
- Bankruptcy
- Probate

Attorney Gregory Wade is a Watergate at Landmark resident and makes home visits for estate planning and probate issues.

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THE HANDSOME “SCOTSMAN”

By Leslie Wilder, WAL Resident



MacGregor, our Pet of the Month, is one dapper dog!
Photo: Leslie Wilder

I absolutely love MacGregor, my 17-year-old Scottish Terrier! He had a rough beginning and was having a very bad hair day when Scottie Rescue received him in 2005. Half of his hair fell out and he developed both a bacterial and fungal skin infection. It caused his skin felt like elephant hide.

Scottie Rescue treated him and he came to live with me originally as a foster dog so I could monitor his meds. But he turned on the charm and I was a goner, although it took Pal, the resident hound, a little longer to come around. Thankfully, his skin and hair recovered.

I moved to WAL in 2016 with MacGregor who quickly adapted to the new territory and elevator rides. He made friends with the maintenance and security staff as well as many residents that he meets on his walks. MacGregor even knows people that I don't!

Until recent years, he attended Scottish Walks in Old Town Alexandria and marched with the Scottish Terrier Club of Greater Washington. Thanks to Scottie Rescue, the “ugly duckling” is now a handsome Scotsman!

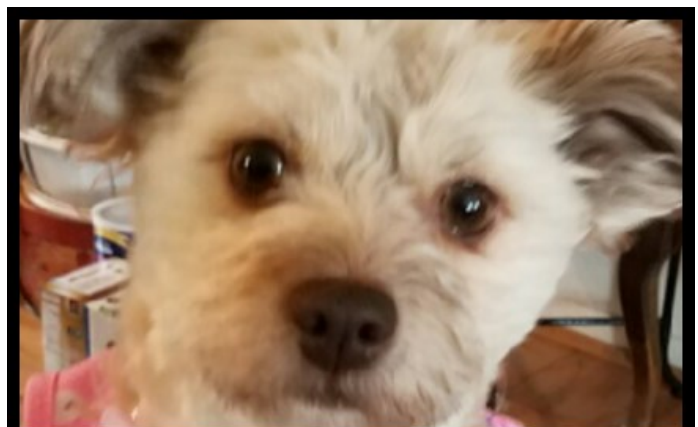


Bring the whole family—pets too—to the photo shoot! Photo: Terry Darcy

Pet Holiday Photo Shoot

**Saturday,
November 16**
Upper Terrace
10 a.m. – 2:00 p.m.

On November 16 (rain date November 17), the Pet Committee will offer mini sessions with WAL's own pet photographer Gerry for your pet and you! Each session will last about 10 minutes and will be shot near the Upper Terrace (where you will meet for your session). Email either Steve Clunn sclunn@yahoo.com or Cris LaVenia lavenia1313@gmail.com to reserve a time slot.



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FITNESS PROGRAMS AT WATERGATE

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Fall Group Exercise Schedule

Now through December 31, 2019

Call 703-370-7092 to purchase your class today!

Mondays

Pilates • 10:30 a.m. • Terrace Lounge

Tuesdays

High Intensity Training • 6:30 p.m. • Terrace Lounge

Wednesdays

Tone/Balance/Stretch • 12:00 p.m. • Terrace Lounge

Thursdays

Aqua Zumba • 7 p.m. • Indoor Pool

Saturdays

Yoga • 9 a.m. • Terrace Lounge



Want to Attend a Fitness Class?

Purchase a class pass and use it to attend any or all of our fitness classes.

10 Classes: \$95

20 Classes: \$179

30 Classes: \$209

Unlimited Classes: \$229 *Less than \$4/class!*

Drop-In Rate: \$10 per class

The Fall Group Exercise Class Schedule will run through December 31, 2019. You can join classes at any point, but classes purchased must be used in the Fall Group Exercise Class Schedule time frame.



ProFIT Referral Program

Don't keep a great thing to yourself! Refer a friend, family member or neighbor to join ProFIT's Group Exercise Program!

If the friend, family member or neighbor commits to a class pass, they receive 35% OFF the price of their class pass AND you get two FREE classes! So don't wait, tell someone you know today!

WATERGATE CLUBS AND GROUPS FOR ALL INTERESTS!

Bridge

Wednesdays • 2 p.m. • Card Room

Card Game Variety

Wednesdays • 4:30 p.m. • Card Room

Thursdays • 4 p.m. • Card Room

Canasta

Mondays • 4 – 6 p.m. • Card Room

Chess

Sundays • 2 p.m. • Card Room

Thursdays • 7 p.m. • Card Room

Contact Phil Mullens at pgmullens@comcast.net.

Duplicate Bridge

Wednesdays • 7 p.m. • Card Room

Contact Phyllis Spinck (703-212-8926) or Myra Roney (703-823-8752).

Junior Scrapbooking Club

Saturdays • 10 a.m. – 12:30 p.m. • Card Room

Knit and Stitch

Fridays • 10 a.m. • Card Room

Mahjong Group

Tuesdays • 11 a.m. – 4 p.m. • Card Room

Party Bridge

Mondays • 12:30 – 4 p.m. • Card Room

For more please call Kris Sarma at 703-751-3966.

Pickleball

Sundays • 2 p.m. • Racquet Club

Wednesdays • 6 p.m. • Racquet Club

Pinochle/Rummy Royale

Mondays • 6 p.m. • Card Room

Contact Mary Jane German, 703-256-4844.

Play Reading Group

Third Tuesday • 7 p.m. • Card Room

Scrapbooking Club

Saturdays • 1 – 4 p.m. • Card Room

Science Club

Second and Fourth Fridays • 5:30 p.m. • Card Room

Watergate Evening Book Club

First Thursday of the month • 7:30 p.m. • Library

NOVEMBER 2019 EVENTS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
LOCATION KEY BL= Building Lobby; BP=Billiard and Ping-Pong Rooms; BR=Blue Room; CF1=Conference Room 1; CF2=Conference Room 2; CR=Card Room; FC=WAL Fitness Center; IP=Indoor Pool; LB=Library; LD= Loading Dock; LT=Lower Terrace; M=Market; MA=Multi-purpose Area; OP=Outdoor Pool; OT=Outdoor Tennis Courts; P=Playground; PG=Putting Green; PR=Party Room; RC=Racquet Club; TL=Terrace Lounge; TS=Town Square; TV=TV Room; UT=Upper Terrace					1	2
3	4	5	6	7	8	9
Pickleball 2 PM - RC Chess - 2 PM - CR	Pilates - 10:30 AM - TL Bridge - 12:30 PM - CR Canasta - 4 PM - CR Pinochle - 6 PM - CR Communications - 7PM - CF1 Lions Club - 7 PM - TV	ELECTION DAY 6 AM - 7 PM Tai Chi - 8 AM - TL Mahjong Group - 11 AM - CR Seniors - 2 PM - TL High Intensity Training - 6:30 PM - CR Covenants - 7PM - CF2	Tai Chi - 9 AM - TL Tone/Balance/Stretch 12 PM - TL Bridge - 2 PM - CR Card Game Variety 4:30 PM - CR Pickleball - 6 PM - RC Youth - 6 PM - CF2 Recreation - 7 PM - CF1 Infrastructure - 7 PM - CF2 Duplicate Bridge 7 PM - CR	Tai Chi - 8 AM - TL Shuttle Trip: Historic Occoquan - 10:30 AM Card Game Variety 4 PM - CR Chess - 7 PM - CR Aqua Fitness - 7 PM - IP Pet - 7:30 PM - CF1 Evening Book Club 7:30 PM - LB	Tai Chi - 9 AM - TL Knit and Stitch - 10 AM - CR	Tai Chi - 8 AM - TL Yoga - 9 AM - TL Scrapbook Club - 10 AM - CF1
10	11	12	13	14	15	16
Pickleball 2 PM - RC Chess - 2 PM - CR Veterans Potluck Dinner - 9:30 AM	Pilates - 10:30 AM - TL Bridge - 12:30 PM - CR Canasta - 4 PM - CR Pinochle - 6 PM - CR	Tai Chi - 8 AM - TL Mahjong Group - 11 AM - CR Social - 6 PM - CF2 A&E - 7 PM - LB High Intensity Training - 6:30 PM - CR	Tai Chi - 9 AM - TL Landscape - 11 AM - CF2 Tone/Balance/Stretch - 12 PM - TL Bridge - 2 PM - CR Card Game Variety - 4:30 PM - CR Pickleball - 6 PM - RC Duplicate Bridge - 7 PM - CR PRC - 7 PM - CF2	Tai Chi - 8 AM - TL Free Movie: Mary Poppins Returns - 2 & 7 PM - TV Card Game Variety 4 PM - CR Chess - 7 PM - CR Aqua Fitness - 7 PM - IP	Tai Chi - 9 AM - TL Knit and Stitch 10 AM - CR	Tai Chi - 8 AM - TL Yoga - 9 AM - TL Pet Holiday Shoot - UT Scrapbook Club - 10 AM - CF1 Watergate Bazaar - 11 AM - TL/TS
17	18	19	20	21	22	23
Pickleball 2 PM - RC Chess - 2 PM - CR	Pilates - 10:30 AM - TL Bridge - 12:30 PM - CR Canasta - 4 PM - CR Pinochle - 6 PM - CR Budget - 7 PM - CF2	Tai Chi - 8 AM - TL Mahjong Group - 11 AM - CR High Intensity Training - 6:30 PM - CR Play Reader's Group - 7 PM - CR	BOARD CANDIDATE PACKETS AVAILABLE AFTER 12:30 PM Tai Chi - 9 AM - TL Tone/Balance/Stretch - 12 PM - TL Bridge - 2 PM - CR Card Game Variety - 4:30 PM - CR Pickleball - 6 PM - RC Duplicate Bridge 7 PM - CR	Tai Chi - 8 AM - TL Shuttle Trip: Tysons Mall Shopping - 9:30 AM Card Game Variety 4 PM - CR Chess - 7 PM - CR Aqua Fitness - 7 PM - IP	Tai Chi - 9 AM - TL Knit and Stitch - 10 AM - CR	Tai Chi - 8 AM - TL Yoga - 9 AM - TL Scrapbook Club - 10 AM - CF1
24	25	26	27	28	29	30
Pickleball 2 PM - RC Chess - 2 PM - CR	Pilates - 10:30 AM - TL Bridge - 12:30 PM - CR Canasta - 4 PM - CR Pinochle - 6 PM - CR	Tai Chi - 8 AM - TL Mahjong Group - 11 AM - CR High Intensity Training - 6:30 PM - CR	Tai Chi - 9 AM - TL Tone/Balance/Stretch - 12 PM - TL Bridge - 2 PM - CR Card Game Variety - 4:30 PM - CR Pickleball - 6 PM - RC Duplicate Bridge 7 PM - CR	ALL OFFICES CLOSED FOR THANKSGIVING DAY Tai Chi - 8 AM - TL Card Game Variety 4 PM - CR Chess - 7 PM - CR Aqua Fitness - 7 PM - IP	Tai Chi - 9 AM - TL Knit and Stitch - 10 AM - CR Community Happy Hour - 7 PM - TL	Tai Chi - 8 AM - TL Yoga - 9 AM - TL Scrapbook Club - 10 AM - CF1

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